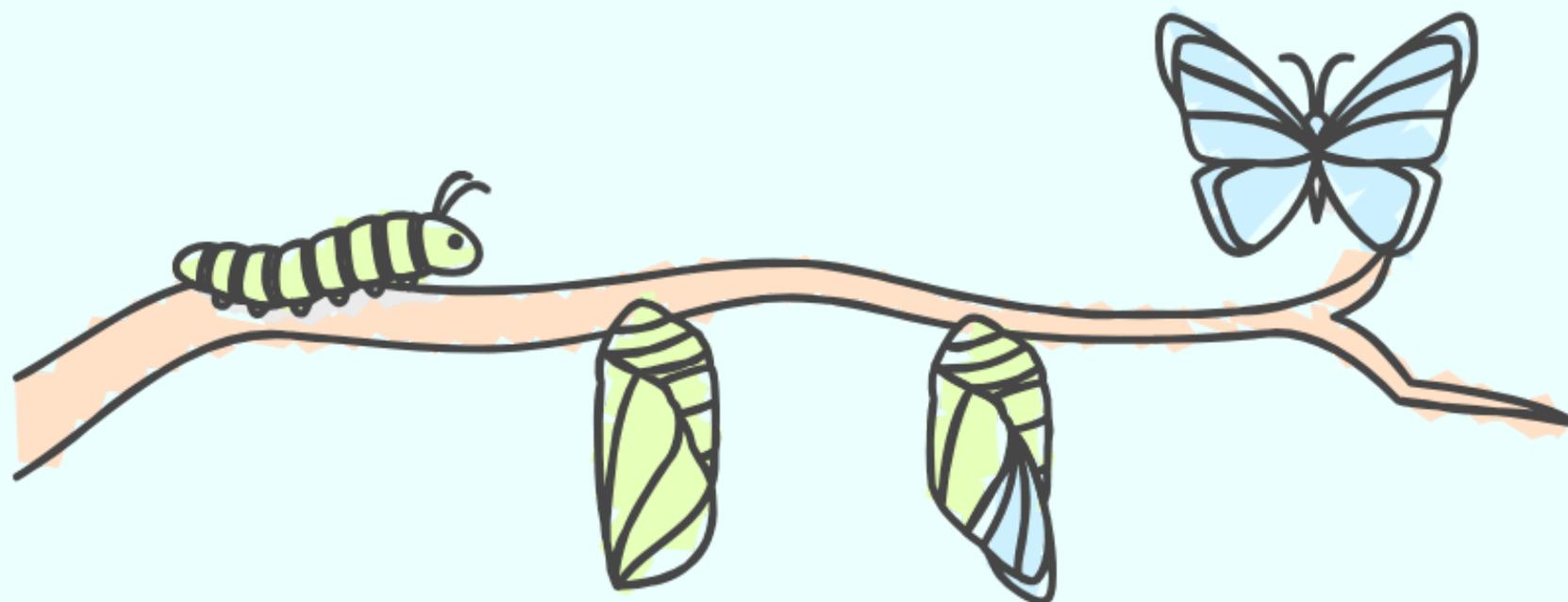




Group Therapy and Psilocybin: Better Together

Psilocybin Group Therapy



Initial State

Low mood and quality of life

Psilocybin Intake

Controlled, safe dose of psilocybin

Group Therapy

Sharing and connection with others

Improved Wellbeing

Higher mood and quality of life

Psilocybin combined with group therapy led to major improvements in mood and quality of life. Participants shared a sense of connection and belonging, showing how healing can grow in supportive settings.

